

Dr. SAAI RAM THEJAS

PERSONAL DATA

NAME: Dr. Saai Ram Thejas
DATE OF BIRTH: 21 January 1992
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EDUCATIONAL QUALIFICATIONS

03/2014	M.B.B.S. Dr.NTR University of Health Sciences, Vijaywada
04/2019	M.S.(ENT) Meenakshi University, Chennai

WORK EXPERIENCE

since 06/2019	Senior Resident Department of Otorhinolaryngology RVM General Hospital Mulugu, Telangana. • Managing speciality ENT OPD without supervision, attending surgeries both as the Assisting Surgeon and the Operating Surgeon, taking classes for M.B.B.S. students and B.Sc.Nursing students.
05/2016–04/2019	Junior Resident Department of Otorhinolaryngology Meenakshi General Hospital Kanchipuram, Tamil Nadu. • Received training in the management of patients attending ENT OPD along with first-hand surgical hands on experience for all cases pertaining to ENT. Performed core ENT surgeries under supervision. Was a core member of teams which organized multiple conferences and workshops. Took both theory and practical classes for M.B.B.S. students.
05/2015–03/2016	Duty Medical Officer in multiple Super Speciality Hospitals in Hyderabad, Telangana. • Took part in all and performed few minor surgical procedures. Handled speciality OPDs under supervision.
03/2014–03/2015	House Surgeon Bhaskar General Hospital Moinabad, Telangana. • Worked in all Departments with particular exposure in Minor OTs, Casualty & Labor Room.

PUBLICATIONS

- Kothandaramanujam SM, Kasiviswanathan M, **Thejas SR** et al. Assessment of hearing by Pure Tone Audiometry in patients with Chronic Otitis Media undergoing Myringoplasty. *Journal of Evidence Based Medicine and Healthcare* 2020; 7(6):297-301.
- **Thejas SR**, Mohan S. Effectiveness of isolated septal surgeries in nasal septal deviations: A prospective study with reference to the Nasal Obstruction Symptom Evaluation scale. *Annals of Indian Academy of Otorhinolaryngology Head and Neck Surgery* 2019; 3:63-8.
- Muthubabu K, Srinivasan MK, **Thejas SR** et al. Quality of Life in Patients with Nasal Septal Deviation After Septal Correction. *Indian Journal of Otolaryngology and Head and Neck Surgery* 2019; 71(3):2219-24.
- Muthubabu K, Gayathri S, **Thejas SR** et al. Comparative Study Between Endoscopic Sinus Surgery Using Microdebrider and Conventional Techniques with It's Impact on Pulmonary Function Tests: A Randomized Control Trial. *Indian Journal of Otolaryngology and Head and Neck Surgery* 2019; 71(3):2127-32.
- Muthubabu K, Gayathri S, **Thejas SR** et al. Tonsillectomy by Cold Dissection and Coblation Techniques: A Prospective Comparative Study. *Indian Journal of Otolaryngology and Head and Neck Surgery* 2019; 71(1):665-70.
- **Thejas SR**, Vinayak R et al. A unique case of Carcinoma Hypopharynx and Upper Oesophagus presenting with Anterior Neck Abscess. *International Journal of Recent Scientific Research* 2018; 9:5(F):26878-82.

SKILLS

- Performing major ENT Surgeries like Adenotonsillectomy, Endoscopic Sinus Surgery, Endoscopic Micro Ear Surgery, Septal Correction, Closed Rhinoplasty etc.
- Performing Head and Neck Surgeries like excision and drainage of neck masses, Thyroidectomy etc.
- Performing minor ENT Surgeries like Keloid removal, Ear Lobe repair, biopsy of lesions etc.
- Taking both theory and practical classes for Undergraduate courses like B.Sc.Nursing and M.B.B.S.
- Compiling data and assessing paper work in accordance with the regulations issued by the Medical Council of India.
- Man management skills pertaining to organising Conferences, CMEs and Workshops.